Anesthesia, Critical Care and Pain Medicine
Newsletter
Issue 3 | April 2022

Stan Kruzel Executive Director
Mark Lichtor, MD
Vice Chair, Strategic Initiatives

ANNOUNCEMENTS

"Cadoucam Lights" submissions due April 15th
Cadoucam Anesthesia Residency Newsletter, "Cadoucam Lights" is a quarterly publication that highlights the accomplishments of our residents, fellows, faculty and staff. Please submit your items to Stan Kruzel (skruzel@bidmc.org) by April 15th.

Wellness programs for a healthy, happy Spring
Wellness programs for a healthy, happy Spring: Mindfulness Meditation, Yoga, Tai Chi, Qigong, Nutrition, Cooking Classes, Gardening, Hiking, Biking, Walking, Fitness, Sleep Hygiene, Stress Management, Time Management, Financial Wellness, Relationships, Parenting, Caregiving, Volunteering, Spirituality, Nature, Gratitude, Kindness, Creativity, Fun! Wellness Wednesday is every Wednesday at 12:00 PM. Contact Jo Ann Lee (jlee@bidmc.org) or Jessica Lee (jlee1@bidmc.org) for more information.

Anesthesiology Grand Rounds Schedule
Anesthesiology Grand Rounds Schedule: Wednesdays, 7:30 AM, Rabb Conference Room. Contact Jessica Lee (jlee1@bidmc.org) for more information.

Add Name Pronunciation to your Chart Signature
Add Name Pronunciation to your Chart Signature: Please add your name pronunciation to your chart signature. Instructions are available on the Anesthesiology Intranet Page. Please contact Jo Ann Lee (jlee@bidmc.org) if you need help or have questions.

HMFT Basics - Spring 2022
HMFT Basics - Spring 2022: Wednesdays, April 6th - May 11th, 12:00 - 1:00 PM. Contact Jessica Lee (jlee1@bidmc.org) for more information.

Anesthesiology Grand Rounds Schedule
Anesthesiology Grand Rounds Schedule: Wednesdays, 7:30 AM, Rabb Conference Room. Contact Jessica Lee (jlee1@bidmc.org) for more information.

Mary Jo Fenger, the Day Surgery Nurse Manager, retires
Mary Jo Fenger, the Day Surgery Nurse Manager, retires: Congratulations Mary Jo! Contact Jessica Lee (jlee1@bidmc.org) for more information.

**Welcome Dr. Elizabeth Hinkle, Dr. Jonathan Wanderman, Dr. Ethan Wong, Dr. Ashley Wong, Dr. Ashley Zhang, Dr. Ashley Zhou, Dr. Ashley Zhou, Dr. Ashley Zhou