

## **Place a Labor epidural/CSE for COVID or**

**PUI** — subject to change

### Standard Materials

- Epidural kit
- Plastic Loss of resistance syringe
- Betadine
- Tubing for epidural catheter
- 5 mL syringe
- Sprotte needle

### Medications from Omnicell in workroom

- Bupivacaine-fentanyl syringe (omnicell)
- Bicitra (omnicell)
- Bupivacaine-fentanyl 150ml bag (omnicell)
- Epinephrine TB syringe (pre-made)
- 5 ml 1% lidocaine vial (extra)
- 10ml normal saline (PF) (extra)

### Additional Materials

- Sterile gloves in your size x2 pair
- Nitrile gloves in your size x2 pair
- Tegaderm (large) x2
- 4x8 Tegaderm x2
- Consider Long Touhy/Sprotte needles based on BMI

### Changes to be addressed in PUI/COVID room

- Keep epidural key within room attached to pole
- Deposit sharps in the room.
- **Bring nothing back after the placement**
- **Consider lateral position**
- Pt will have mask on
- The support person remains in the room and be seated with mask on

### Place an epidural for a COVID or PUI patient:

Outside of room: Don appropriate PPE

- Wash/Calstat hands
- OR hat (cover ears),
- N95 mask
- Eye protection (visor, goggles or face shield)
- 2<sup>nd</sup> OR hat, then Surgical gown
- Double gloves: 1<sup>st</sup> sterile gloves covering the sleeves, 2<sup>nd</sup> Nitrile gloves (non-sterile)
- Shoe covers

Enter room:

- Verbal consent
- Turn on AIMS and “Time Out”
- Use table in room for kit / equipment
- Open and set up your epidural tray
- Prep the patient’s back, bicitra to patient
- Take off outer Nitrile glove
- Place sterile gloves over inner gloves
- Place CSE/epidural as usual
- After placement, throw out trash
- Dump sharps in the room
- Remove your outer sterile gloves, consider double gloves
- Set up and start epidural pump
- Finish charting
- Leave epidural pump key in room

Anteroom: Doff appropriate PPE

- Remove hat
- shoe cover
- 1<sup>st</sup> gloves
- Calstat your hands
- Leave anteroom

In the hallway:

- Remove your gown (roll inside out) and gloves
- Calstat your hands
- remove N95 gently (please save it in a brown bag) and hair cap.
- Calstat your hands