# Beth Israel Deaconess Medical Center Department of Anesthesia, Critical Care, and Pain Medicine Rotation: AWPC Outpatient Pain Clinic

## **GOALS AND OBJECTIVES**

#### Goals

Continuity experience will provide the fellow with supervised experience in the ongoing management of a diverse population of patients with chronic pain, including cancer pain. The experience allows interaction with other specialists in a multidisciplinary model of chronic pain management. To this end, the pain medicine fellow should attend a supervised outpatient clinic, approximately weekly, throughout the year of the program. Fellows may be absent from continuity clinic experience only if the rotation site is more than one hour from the core institution. The maximum allowable time away may be no more than four months. This will provide a minimum of eight months experience (full-time equivalent of at least 60 half-days).

- Provide compassionate, appropriate, and effective patient care for the treatment of health problems and the promotion of health.
- Gain knowledge of established and evolving biomedical, clinical, and cognate sciences and the application of this knowledge to clinical care.
- Learn effective information exchange and learning with patients, their families, and other health care professionals.
- Demonstrate a commitment to carrying out professional responsibilities, adherence to ethical principles and sensitivity to a diverse patient population.
- Demonstrate and awareness of and responsiveness to the larger context and system of health care and the ability to effectively call on system resources to provide care that is of optimal valve.
- Primary responsibility for **50 different patients followed over at least two months** each should be documented.

## **Objectives by Core Competency**

## Patient Care

Fellows must demonstrate the ability to investigate and evaluate their care of patients, to appraise and assimilate scientific evidence, and to continuously improve patient care based on constant self-evaluation and life-long learning.

- identify strengths, deficiencies, and limits in one's knowledge and expertise;
- set learning and improvement goals
- identify and perform appropriate learning activities
- systematically analyze practice using quality improvement methods, and implement changes with the goal of practice improvement

- incorporate formative evaluation feedback into daily practice
- locate, appraise, and assimilate evidence from scientific studies related to their patients' health problems
- use information technology to optimize learning
- participate in the education of patients, families, students, fellows and other health professionals.
- Understand special problems associated with the care of patients with acute and chronic complex pain problems.
- Be able to perform a thorough medical history and physical examination.
- Be able to assemble pertinent laboratory and imaging studies.
- To present findings from the medical history and physical examination, lab and imaging studies that are focused on the pain problems
- List the most probable diseases responsible for the patient's problems in a short, but appropriate differential diagnosis.
- Outline several therapeutic options appropriate for the patient's pain problem
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# Medical Knowledge

• Fellows must demonstrate knowledge of established and evolving biomedical, clinical, epidemiological and social behavioral sciences, as well as the application of this knowledge to patient care

## Practice-based Learning and Improvement

Fellows must demonstrate the ability to investigate and evaluate their care of patients, to appraise and assimilate scientific evidence, and to continuously improve patient care based on constant self-evaluation and life-long learning.

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- set learning and improvement goals
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- Objectives

#### Interpersonal and Communication Skills

- Provide personal and psychological support to patients with acute and/or complex chronic pain problems.
- Understand importance of listening to patients.
- Develop a significant doctor patient relationship that allows the patient to fell comfortable discussing their problems with the fellow who they now recognize as one of their important care givers.
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# Professionalism

Fellows must demonstrate a commitment to carrying out professional responsibilities and an adherence to ethical principles.

- 1. compassion, integrity, and respect for others;
- 2. responsiveness to patient needs that supersedes self-interest;
- 3. respect for patient privacy and autonomy;
- 4. accountability to patients, society and the profession;
- **5.** sensitivity and responsiveness to a diverse patient population, including but not limited to diversity in gender, age, culture, race, religion, disabilities, and sexual orientation.

## Systems-based Practice

Fellows must demonstrate an awareness of and responsiveness to the larger context and system of health care, as well as the ability to call effectively on other resources in the system to provide optimal health care.

- 1. work effectively in various health care delivery settings and systems relevant to their clinical specialty
- 2. coordinate patient care within the health care system relevant to their clinical specialty;
- 3. incorporate considerations of cost awareness and risk-benefit analysis in patient and/or population based care as appropriate;
- 4. advocate for quality patient care and optimal patient care systems;
- 5. work in interprofessional teams to enhance patient safety and improve patient care quality;
- 6. participate in identifying system errors and implementing potential systems solutions.

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