

East 1 Surgery at Beth Israel Deaconess Medical Center

Overview: East 1 is an ambulatory surgical service. The most common surgeries that you will see on this rotation include: breast surgery, thyroid surgery, ventral hernia repairs, etc. The hospital stay for most patients ranges between 1 to 2 days post-operatively, and many patients are simply same-day surgery. You will be expected to scrub into surgery and operate with the attending during this rotation. The team consists of 1 chief resident, an anesthesia/surgical intern and a nurse practitioner.

Daily schedule: You will meet in the Feldberg building on the 9th floor. There is a resident work-room located within the Surgical Department administrative offices on the 9th floor. The code for the room is 12369. When you receive your surgery schedule, you should contact the chief resident the weekend before your rotation to confirm the location. There is no need to pre-round on patients. The nightfloat will round with the team in the morning and will complete the daily notes as well as "the list" in the morning. On rounds, you should make sure you always have tape, scissors, and 4x4's on you or at the patient's bedside! It just makes rounds go faster in the morning.

Your chief resident will send out a preliminary schedule the week before you start that includes your case assignments for the following week (this is subject to change, and your chief will notify you if you will switch surgical cases or coverage).

Rounds usually finish between 7am and 7:15am. Most OR cases will start at 7:30am. After rounds, you should make sure all required paperwork is signed before a patient is rolled back to the OR (i.e. consent, surgical site is marked, etc). Touch base with the nurses in the pre-op area to find out what paperwork needs to be completed.

If you are not in the OR, you are expected to take care of any urgent matters on the floor. You are expected to post-op check patients and leave a note ~3 to 4hrs after surgery. You can follow a simple template in Maxwells to write a post-op check. On Wednesday mornings, you are expected to go to surgery M&M and grand rounds from 7-9am..

Sign-out will occur at 6pm (sometimes later if the nightfloat resident stays in the morning for grand rounds or covering on a procedure) in the resident work room on the 9th floor.

Silen Surgical Conference: Every Friday you will have a Silen pre-op conference from 4-5pm in the conference room located next to the Surgical Administrative Offices on Feldberg 9. You will be assigned one case by your chief resident (usually a breast CA case) for which you will present. You might be expected to make a brief powerpoint presenting the patient (general format including HPI, PMedHx, relevant imaging, biopsies etc) and present this patient at the conference. This is meant as a teaching opportunity for the attendings to discuss reasons/indications for surgery and management of the patients.

Weekends: You will work a 12 hour shift on Saturday or Sunday, 6am to 6pm or the night shift on Sat-Sun from 6pm-6am . You cover the service on your own and will also cross-cover the Colorectal Service. You will report to the same work-room on the 9th floor to get signout when you start your shift. If you are covering on the night shift, you are expected to prepare the "list" and write all the patient progress notes for the following day (this includes both the Silen/Colorectal Service). Your chief resident is available on phone. If patient's clinical exam changes, they are your first point of contact. If you are unable to contact the chief resident, call the attending. Call rooms key cards can be picked up at the main registration desk.

Attendings: Dr. Mary Jane Houlihan, Dr. Ranjna Sharma, Dr. Nicholas Tawa, Dr. Peter Mowschenson, Dr. Dixie Mills